

Another Tasty Salad Dressing

Blueberry Dressing

- 2 cups blueberries,
fresh or frozen and thawed
- 1/2 cup pomegranate juice
- 1/4 cup cashews or sunflower seeds, raw
- 4 tablespoons balsamic vinegar

Blend thoroughly in blender until smooth.

You may substitute other juice if desired.

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